

South Dakota Board of Medical and Osteopathic Examiners  
South Dakota Department of Health

**Notice of Public Hearing**  
**Petition for Declaratory Ruling Concerning Athletic Trainers and Dry Needling**

A public hearing will be held at 101 N. Main Ave, in the First Dakota National Bank building in room 306, Sioux Falls, South Dakota on Thursday, June 12, 2025, at 10:00 a.m. (CDT), or as soon thereafter as may be heard, to consider the petition for a declaratory ruling regarding whether athletic trainers, who have the requisite education and training, may perform dry needling.

The petition was submitted by Mary Beth Zwart, President – S.D. Athletic Trainers' Association.

The Board of Medical and Osteopathic Examiners has jurisdiction and authority to issue a declaratory ruling in response to the petition pursuant to SDCL 1-26-15, 36-1C-15, & ch. 36-29, as well as ARSD ch. 20:78:02. The Board will specifically consider whether the language of SDCL 36-29-1.1 authorizes athletic trainers to perform dry needling if the athletic trainer has obtained the necessary education and training.

Persons interested in presenting opinions or arguments may do so by appearing in person at the public hearing. Interested persons may also send written comments to the South Dakota Board of Medical and Osteopathic Examiners, 101 N. Main Ave., Suite 301, Sioux Falls, South Dakota, 57104, or by sending an email to [SDBMOE@state.sd.us](mailto:SDBMOE@state.sd.us). Material sent by mail and email must reach the Board of Medical and Osteopathic Examiners by 10 a.m. (CDT) on Monday, June 9, to be considered.

The Board will consider all written and oral comments it receives regarding the petition. After concluding the hearing, the Board will enter a formal Declaratory Ruling concerning the petition. The Board's decision in issuing a declaratory ruling may be appealed to the circuit court and State Supreme Court as provided by law.

Notice is further given to individuals with disabilities that this hearing is being held in a physically accessible place. Please notify the Board of Medical and Osteopathic Examiners at least 48 hours before the public hearing if you have special needs for which special arrangements must be made. The telephone number for making special arrangements is (605) 367-7781.

The Petition is available on the South Dakota's Boards and Commissions website: <https://boardsandcommissions.sd.gov/Meetings.aspx?BoardID=65> . Copies of the petition may be obtained without charge from the following address:

South Dakota Board of Medical and Osteopathic Examiners  
101 N. Main Ave. Ste. 301  
Sioux Falls, South Dakota 57104



<sup>1</sup>The Board of Medical and Osteopathic Examiners

State of South Dakota

Petition for Declaratory Ruling

Pursuant to the provisions of SDCL 1-26-15, Athletic Training petitions the South Dakota Board of Medical and Osteopathic Examiners for their decision regarding the following:

**1. The Request:**

We are requesting that a South Dakota-licensed athletic trainer, who has acquired the requisite knowledge and skills for competent performance through his or her education and training, be allowed to perform Dry Needling.

- We believe this request meets the requirements for SDCL 36-29-1.1, which allows for the practice of athletic training, under guidelines established by a licensed physician, "For which an athletic trainer, as a result of the athletic trainer's education and training, is qualified to provide care and to make referrals to an appropriate health care professional." (SDCL 36-29-1.1 (2)).

**2. The detailed facts, circumstances, reasons for the request:**

Dry Needling is a therapeutic technique utilized by trained healthcare professionals for the treatment of chronic or acute musculoskeletal pain that limits motion and function. Education and training to acquire the knowledge and skills to safely and competently utilize Dry Needling occurs through a specialized course of study. Courses in Dry Needling require hands-on training focused on human anatomy and physiology, safety considerations including needle handling and disposal, effects of Dry Needling, indications and contraindications for Dry Needling, and application of Dry Needling technique. Dry Needling courses are typically limited to participants who are licensed healthcare professionals; this includes athletic trainers. Participants who complete an approved Dry Needling course are provided certification in the technique for the region of the body covered by the course of study.<sup>1</sup> Dry Needling courses are rigorously vetted and developed by appropriately credentialed healthcare professionals and are approved by a variety of accrediting or certifying organizations including the Board of Certification (BOC). The BOC approves individuals, companies, and organizations to provide continuing education (CE) programs to Athletic Trainers to maintain certification. Through the BOC Approved Provider program, the BOC ensures CE programs are of high quality, requiring BOC Approved Providers to maintain annual approval.<sup>2</sup> Currently, the BOC offers 49 courses related to Dry Needling.<sup>3</sup> The BOC is also the certification agency that establishes and oversees the national board examination utilized to certify athletic trainers. Per SDCL 36-29-3, successful completion of the BOC examination sets the standard for qualification of an Athletic Training license in South Dakota. South Dakota currently has licensed athletic trainers who have successfully completed the education and training to perform Dry Needling and who work with patients that may benefit from application of this technique. Precedent for the use of dry needling by athletic trainers has been established in other states including Arizona.

1. The American Academy of Manipulative Therapy

2. Board of Certification



### 3. BOC-approved Dry Needling

#### 3. The precise request for Board review:

We ask for the Board's interpretation of SDCL 36-29-1.1 related to the practice of athletic training and the use of dry needling. Specifically, does the language in SDCL 36-29-1.1 authorize Athletic Trainers to perform dry needling if they have obtained the necessary education and training through successful completion of an approved course of study in dry needling. Per SDCL 36-29-1.1, the practice of athletic training is the care, treatment, and prevention, under the direction of and under guidelines established by a physician licensed pursuant to chapter 36-4, of athletic injuries, illnesses, or conditions:

- 1) That are related to, or that limit participation in, exercise, athletic activities, recreational activities, or activities requiring physical strength, agility, flexibility, range of motion, speed, or stamina; and
- (2) For which an athletic trainer, as a result of the athletic trainer's education and training, is qualified to provide care and to make referrals to an appropriate health care professional.

Our interpretation is that athletic training would include the practice of dry needling under the parameters of SDCL 36-29-1.1 as long as the athletic trainer possesses the necessary education and training (based on completion of an approved course of study) in Dry Needling.

Dated this 8<sup>th</sup> day of May, 2025.

Signature: \_\_\_\_\_

Mary Beth Zwart, EdD, AT – President of SD  
Athletic Trainers' Association

Print Name: \_\_\_\_\_

Mary B Zwart