



Tryg Odney, MA, ATC

City: Sioux falls

Specialty: Athletic Trainer

Certification: Board of Certification, Inc. (BOC)

Work Address: 2210 W. Pentagon Place, Sioux Falls, SD 57107

Professional Background: Tryg graduate from Augustana University in 1995 and received his Master's in Athletic Training from Augustana in 2002. He has been employed by Sanford Health since 1997. He has worked as an athletic trainer at Augustana University, Sioux Falls Roosevelt High School, and Parker High School. Beginning in 2003, Tryg was the Athletic Training Manager at Sanford Medical Center in Sioux Falls for 16 years. He became the Director of Enterprise Sports Medicine at Sanford in May 2019. He oversees athletic training staffing and community sports medicine partners in Fargo and Sioux Falls. With a staff of more than 75 athletic trainers in these two communities, his departments provide services in professional, collegiate, high school, youth sports and clinical settings.

Tryg has been a member of the National Athletic Trainers' Association since 1995. In 2003, Tryg began a 17-year stretch as a member of the South Dakota Athletic Trainers' Association (SDATA) Executive Committee. He served as the SDATA President on three occasions. Tryg has also been a member of the Board of the Directors of the Mid-American Athletic Trainers' Association (MAATA), and twice served as the MAATA Vice-President. Tryg currently serves as a member of the SDHSAA Sports Medicine Advisory Committee.

Tryg and his wife Tracy, a Nurse Practitioner, were married in 2001. They are the proud parents of four children. He enjoys spending time with his family and friends, reading and being physically active.